SFPAL – 49ers Football & Cheer

Registration Checklist & Things to Know

CHECKLIST:

Please have the following forms completed and required documents with you at the time of registration:

- ☐ SFPAL 49ers Waiver Form
- ☐ 2018 Pop Warner Participant Contract and Parental Consent Form
- ☐ 2018 Pop Warner Physical Fitness & Medical History Form
- ☐ 2018 Pop Warner Scholastic Eligibility Form, if applicable
- ☐ Copy of 2017-2018 1st Semester complete Report Card (Due by 1st Day of Practice)
- ☐ Copy of birth certificate with state seal
- ☐ Copy of medical insurance card

Things to Know:

- **Registration ends Tuesday, July 31st, 2018, - ALL forms and documents are due by then.**
- **All forms, and required documents must be submitted to be considered fully registered, to ensure a spot on the team.** Space is limited and is on a first come first serve basis.
- When completing registration forms, please do not scratch out, cross off, white out information. If you make a mistake, please fill out a new form.
- Physicals will be required to be signed and dated by your doctor on or after January 1st, 2018

Registration Dates &Times:

Randall Kimbell Playground
Clubhouse (Next to Boys Restroom)
1500 Steiner Street, San Francisco, CA 94115

Every Thursday
5pm-7pm
Starting
April 19, 2018

Or Register in Person at SFPAL
(by appointment)
(415) 401-4666

Ages and Weights for Football:

Age/Weight Division	Age(s)	Certification Weight Range
TINY-MITE	5-6-7	35-75 lbs.
MITEY-MITE (older/lighter)	7-8-9 N/A	45-100 lbs. N/A
JUNIOR PEE WEE (older/lighter)	8-9-10 11*	65-115 lbs. 60-95 lbs.

PARTICIPANT INFORMATION			
Participant's First Name:		Participant's Last Name:	
Date of Birth:	Age (as of 7/31/17):	Gender:	Weight (football only):
Fall School:		Fall Grade:	
Participant Email:		Participant Cell Number:	

PARENT/GUARDIAN INFORMATION	
First Name:	Last Name:
Address:	City & Zip:
Cell Phone Number*:	Other Number:
Email:	Occupation:

OTHER/DEMOGRAPHIC INFORMATION		
Ethnicity of Youth: • Multiracial / Multiethnic • African American • Asian • Caucasian • Hispanic/Latino • Pacific Islander • Native American/Indian • Decline to State • Other: _____	**Income Level:** • Unemployed • $1 - $25,000 • $25,000 - $50,000 • $50,000 - $75,000 • $75,000 & up • Decline to State	**How did you hear about the program?** • Past participant • School flyer • Website • E-Newsletter • Coach • Word of Mouth • Local Police Station • Other: _____
Please list any special medical condition (asthma, physical restriction, etc):		
Dates of Planned Vacations:		

SFPAL 49ers Liability Waiver

1. I agree to follow all SFPAL and Pop Warner rules and regulations, including player and parent responsibilities, Adult Code of Conduct, and Fundraising Policy. I understand that I am responsible for reading and complying with this information, which is contained within the **SFPAL 49ers Handbook** available to me at SFPAL.org.

2. I give the school listed above, permission to provide SFPAL Scholastic Program a copy of my child's report card and the first page of his or her Individualized Education Plan (if applicable.) The purpose of this request is to monitor scholastic eligibility for SFPAL & Pop Warner program. This information will be kept confidential.

3. I allow SFPAL, the San Francisco 49ers and their affiliates to use my child's photo or video in promotional material and other media outlets without identifying information. I also allow certain information to be shared with our partner, San Francisco Rec & Park, for demographic purposes (name, residency, and phone number.)

4. Consent of Medical Treatment: As the parent/legal guardian of the above named participant, I hereby give consent for emergency medical care prescribed by a duly licensed Doctor of Medicine or Doctor of Dentistry. This care may be given under whatever conditions are necessary to preserve the life, limb, or well-being of my dependent.

5. I acknowledge that I am fully aware of the potential dangers of participation in any sport and I fully understand that participation in football, cheerleading and/or dance may result in serious injuries, head injuries, concussions, paralysis, permanent disability and/or death. Furthermore, I fully acknowledge and understand that protective equipment does not prevent all participant injuries, and therefore I do hereby waive, release, absolve, indemnify, and agree to hold harmless SFPAL, SFPD, the San Francisco 49ers and the coaches, volunteers, any and all organizers, sponsors, supervisors, participants, and persons affiliated with SFPAL, SFPD, and the San Francisco 49ers from any claim arising out of any injury to my/our child whether the result of negligence or for any other cause.

By signing this, I understand and agree to all of the above:

Parent/Guardian Name: _____ **Signature:** _____

Date: _____ **Participant's Name:** _____

Team (circle one): **TM** **MM** **JPW**

SFPAL 49ers & Pop Warner: ADULT CODE OF CONDUCT

- In order to uphold the goals of SFPAL and Pop Warner Little Scholars and ensure that all participants have the benefit of a safe and fun learning environment, all parents, guardians and other adults and attendees of Pop Warner events, including but not limited to practices, competitions, and banquets, must behave accordingly in a respectful, courteous and sportsmanlike manner at all times.

- Any adult who is using alcohol, tobacco or non-prescriptive drugs and/or appears intoxicated at a Pop Warner event, and/or who is flagrantly rude, attempts to intimidate, verbally abusive, heckles, taunts, ridicules boos, throws objects and/or uses vulgarity or profane language/gestures with an official, coach, volunteer, staff member, participant or other attendee, will be removed from a Pop Warner event. The member organization may issue a written warning to the individual regarding the misbehavior and the adult's children may also be removed from the event. Any adult who commits one or more of the above stated offenses a second time, will be banned from any and all Pop Warner events for a minimum period of one year from the date of the second offense, and their children may also be removed from the program(s) for that time period.

- An adult who is ejected from the game will receive an automatic one week suspension from practice, including the following game. Any adult who commits one of the above stated offenses a second time, will be banned from any and all Pop Warner events for a period of one year from the date of the second offense, and their children may also be removed from the program(s) for that time period.

- Any adult who physically or verbally assaults an official, coach, volunteer, staff member or participant or threatens grave bodily harm may be banned from any and all Pop Warner events for at a minimum for one year from the date of the offense, and their children may also be removed from any and all Pop Warner programs for the same period of time. After the ban has expired, if the individual commits another offense of the adult code of conduct, the individual will be permanently banned from any and all Pop Warner events and the individual's children may also be permanently removed from any and all Pop Warner programs.

- SFPAL and Pop Warner Little Scholars reserves the right to suspend and/or remove any individuals from the program or it's events in order to ensure the safety of its members and uphold its mission.

ADULT OFFENSES & CONSEQUENCES

- EJECTION FROM GAME - Automatic one week suspension from practice, including the following game.
- RUN-UP SCORE - Probation unless found to be intentional, then suspension for 1 week.
- ENDANGERMENT OF JUVENILES - Suspension for 1 year.
- TEACHING PROHIBITED OFFENSIVE & DEFENSIVE TECHNIQUES - Suspension for 1 year.
- FIGHTING - Suspension for 1 year.
- CHEATING - Suspension for 1 year.
- THREATS - Suspension for 1 year.
- GAMBLING ON GAME OUTCOME - Suspension for 1 year.
- LACK OF COOPERATION/ OBSTRUCTION - Suspension until compliance is achieved.

JUVENILE OFFENSES & CONSEQUENCES

Fighting, intimidation, or disrespect for authority shall be cause for ejection from a game, practice or competition. Any player/ spirit participant ejected from any game, practice or competition for cause shall be ineligible for participation in their next Pop Warner event. A second ejection during the same season shall be cause for removal from the team for the balance of that season. Any participant charged with criminal activity may be removed at any time to ensure the safety of other participants.

APPEALS PROCESS

Any incident must be reported to the Conference by the Association. If the penalty for the incident is being challenged then an appeal may be submitted to the Conference through SFPAL 49ers President. There is a definitive "chain of command." Only those appeals following the appeals process will be considered. All appeals should be made in written form.

SFPAL 49ers: MEMBERS CODE OF CONDUCT

All SFPAL and Pop Warner volunteers and participants will abide by a Code of Conduct which includes the following provisions. If any of these rules are broken, SFPAL, the League, Region and/or National Pop Warner shall have the authority to impose a penalty including permanent removal from the program. Members shall:

S1: Not smoke and/or use smokeless tobacco on the field.

S2: Not criticize players/spirit participants in front of spectators, but reserve constructive criticism for later, in private, or in the presence of team members if others might benefit.

S3: Accept decisions of the game officials and judges on the field and in competitions as being fair and called to the best ability of said officials.

S4: Not criticize an opposing team, its players, spirit participants, coaches, or fans by word of mouth or by gesture.

S5: Emphasize that good athletes strive to be good students and that both are physically and mentally alert.

S6: Strive to make every football and spirit activity serve as a training ground for life, and a basis for good mental and physical health.

S7: Emphasize that winning is the result of good teamwork.

S8: Not engage in excessive sideline coaching and shall not leave the bench area to shout instructions from the sidelines.

S9: Together with team officials, be jointly responsible for the conduct and control of team fans and spectators at all times. Any fan who becomes a nuisance and out of control will be asked to leave.

S10: Not use abusive or profane language at any time.

S11: Not "pile it on;" not encourage their team to get a commanding lead and raise the score as high as it can. In these instances, every effort shall be made to let all players play.

S12: Not receive any payment, in cash or kind, for services as a volunteer or participant in SFPAL or Pop Warner Football / Spirit. This includes any coach, expert, consultant or choreographer, regardless of his/ her roster status.

S13: Not permit or encourage "sweating down" tactics in order for a player to make the team weight.

S14: Not recommend or distribute any medication, controlled or over the counter, except as specifically prescribed by participant's physician.

S15: Not permit an ineligible player or spirit participant to participate in a game.

S16: Not deliberately incite unsportsmanlike conduct.

S17: Not possess or drink alcoholic beverages and/or use illegal substance(s) on either the game or practice fields.

S18: Remove from a game or practice any participant when even slightly in doubt about his/her health, whether or not as a result of injury, until competent medical advice is available.

S19: Uphold all rules and regulations, National, Regional & Local, regarding Pop Warner Football, Cheerleading and Dance.

S20: Refrain from engaging in any action within or outside SFPAL & Pop Warner which in SFPAL's or PWLS sole & absolute discretion reflects negatively upon, or causes embarrassment to, the SFPAL or PW program.

The essential elements of character - building and ethics in sports are embodied in the concept of sportsmanship and six core principles: Trustworthiness, Respect, Responsibility, Fairness, Caring, and Good Citizenship. The highest potential of sports is achieved when competition reflects these "Six Pillars of Character".

Therefore, I agree:

1. I will not force my child to participate in sports.

2. I will remember that children participate to have FUN and that the game is for youth NOT adults.

3. I will inform the coach of any physical disability or ailment that may affect the safety of my child or the safety of others.

4. I will learn the rules of the game and the policies for the league.

5. I (and my guests) will be a positive role model for my child and encourage sportsmanship by showing respect and courtesy, and by demonstrating positive support for all players, coaches, officials, and spectators at every game, practice and other sporting event.

6. I (and my guests) will not engage in any kind of unsportsmanlike conduct with any official, coach, player, or parent, such as booing, taunting, yelling, refusing to shake hands, or using profane language or gestures.

7. I will not encourage any behaviors or practices that would endanger the health and wellbeing of the athletes.

8. I will teach my child to play by the rules and to resolve conflicts without resorting to hostility or violence.

9. I will demand that my child treat other players, coaches, officials and spectators with respect regardless of race, creed, color, sex or ability.

10. I will teach my child that doing one's best is more important than winning, so that my child will never feel defeated by the outcome of a game for his/her performance.

11. I will praise my child for competing fairly and trying hard, and make my child feel like a winner every time.

12. I will never ridicule or yell at my child or other participant for making a mistake or losing a competition.

13. I will emphasize skill development and practices and how they benefit my child over winning. I will also deemphasize games and completion in the lower age groups.

14. I will promote the emotional and physical wellbeing of the athletes ahead of any personal desire I may have for my child to win.

15. I will respect the coaches and their authority during games. I will never question, discuss, or confront coaches at the game field. I will take time to speak with coaches at an agreed upon time and place.

16. I will demand a sports environment for my child that is free from drugs, tobacco, and alcohol and I will refrain from their use at all sports events.

17. I will refrain from coaching my child or other players during games and practices, unless I am one of the official coaches of the team. I also agree that if I fail to abide by the above-mentioned rules and guidelines, I will be subject to disciplinary action that could include, but is not limited to the following:

- Verbal warning by official, head coach, and/or SFPAL Board
- Written warning
- Parental game suspension with written documentation of incident kept on file by SFPAL 49ers
- Game forfeit through the official or coach
- Parental/Participant season suspension

SFPAL 49ers PAYMENT STATEMENT – FOOTBALL & CHEER

SFPAL is a non-profit organization that receives no City funding and fundraises to keep our participation fees as low as possible. **All SFPAL Seahawks football and cheer directors and coaches are volunteers** who receive no compensation for their time. Uniforms, stadium rental, insurance, medical supplies and other program needs **cost SFPAL approximately $650 per participant each year.** However, SFPAL requires **no payment of fees** from any participant so that as many youth can participate as possible. Please consider making a donation to the program below. All donations are tax-deductible!

Name of Participant: _____

Program Fees and Costs:

	Item	Cost
	Football Registration Fee	$0
	Cheer Registration Fee	$0
	Optional tax-deductible donation towards actual per child cost of $650 (or other amount)	
	TOTAL:	

Method of Donation:

_____ *Online at sfpal.org*
_____ Check (made payable to SFPAL – Please Mail to 350 Amber Drive #203, San Francisco, CA 94131)

It is SFPAL's policy that all donations be submitted directly to SFPAL either online or mailed via check to the SFPAL Office. SFPAL Staff members are not authorized to accept any donations on behalf of SFPAL. Thank you for your generous donation.